For the Children

(The spiritually young and the physically young.)

BY: MARTY DELMON

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This is a free work developed by Marty Delmon to be used as a helpful tool for new and/or young believers.

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INTRODUCTION

To be a Christian means that Jesus Christ is your Savior, your Lord, your God, and your Best Friend Forever. He wants you to love Him because He loves you more than you can imagine. There are two ways to know Jesus: one is by reading the Bible and the other is by praying. The Bible is the Word of God, and Jesus is called The Word of God. *Prayer* is a word that means "having a conversation with Jesus." To help you do both of these—read the Word and pray with Jesus—I have designed a method to do both of these things. Please follow along.

READING THE BIBLE

Make a decision to read the whole Bible from one end to the other. It may take you several years to do this, but that's okay. Simply mark where you stopped with a bookmark or the little ribbon that most Bibles have, and start there when you want to read some more. Read it like a storybook because it is one story after another, and each story makes you grow on the inside.

There are certain verses that are very important for you to know. Find the book of Psalms and go to chapter one. Read all six verses, write them out, and then memorize them. I'll list them here in order to help you. The Bible I use is the New King James Version Bible (NKJV), but I suggest you use The New Living Translation Bible (NLT).

The New King James Version:

- ¹ Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful;
- ² But his delight is in the law of the LORD, and in His law he meditates day and night.

- ³ He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper.
- ⁴ The ungodly are not so, but are like the chaff which the wind drives away.
- ⁵ Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous.
- ⁶ For the LORD knows the way of the righteous, but the way of the ungodly shall perish (Psalm 1:1–6, NKJV).

New Living Translation:

- ¹Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers.
- ² But they delight in the law of the LORD, MEDITATING ON IT DAY AND NIGHT.
- ³ They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.
- ⁴But not the wicked! They are like worthless chaff, scattered by the wind.

- ⁵ They will be condemned at the time of judgment. Sinners will have no place among the godly.
- ⁶ For the Lord watches over the path of the godly, but the path of the wicked leads to destruction. (Psalm 1:1–6, NLT).

Next, find the 23rd chapter of Psalms. Read all six verses, write them out, and then memorize them. I'll list them here in order to help you.

The New King James Version:

- ¹ The LORD is my shepherd; I shall not want.
- ² He makes me to lie down in green pastures; He leads me beside the still waters.
- ³ He restores my soul; He leads me in the paths of righteousness for His name's sake.
- ⁴ Yea, though I walk through the valley of the shadow of death, I will fear no evil; for You are with me; Your rod and Your staff, they comfort me.
- ⁵ You prepare a table before me in the presence of my enemies; You anoint my head with oil; my cup runs over.

⁶ Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the LORD forever (Psalm 23:1–6, NKJV).

New Living Translation:

- ¹The Lord is my shepherd; I have all that I need.
- ² He lets me rest in green meadows; he leads me beside peaceful streams.
- ³ He renews my strength. He guides me along right paths, bringing honor to his name.
- ⁴ Even when I walk through the darkest valley I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.
- ⁵ You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings.
- ⁶Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the LORD forever (Psalm 23:1–6, NLT).

Now find the 91st chapter of Psalms. Read all sixteen verses, write them out, and then memorize them. I'll list them here in order to help you.

The New King James Version:

- ¹ He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty.
- ² I will say of the LORD, "He is my refuge and my fortress; my God, in Him I will trust."
- ³ Surely He shall deliver you from the snare of the fowler and from the perilous pestilence.
- ⁴ He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield and buckler.
- ⁵ You shall not be afraid of the terror by night, nor of the arrow that flies by day,
- ⁶ Nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday.
- ⁷ A thousand may fall at your side, and ten thousand at your right hand; but it shall not come near you.

- ⁸ Only with your eyes shall you look, and see the reward of the wicked.
- ⁹ Because you have made the LORD, who is my refuge, even the Most High, your dwelling place,
- ¹⁰ No evil shall befall you, nor shall any plague come near your dwelling;
- ¹¹ For He shall give His angels charge over you, to keep you in all your ways.
- ¹² In their hands they shall bear you up, lest you dash your foot against a stone.
- ¹³ You shall tread upon the lion and the cobra, the young lion and the serpent you shall trample underfoot.
- ¹⁴ "Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name.
- ¹⁵ He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him.
- ¹⁶ With long life I will satisfy him, and show him My salvation." (Psalm 91:1–16, NKJV).

New Living Translation:

- ¹Those who live in the shelter of the Most High will find rest in the shadow of the Almighty.
- ² This I declare about the LORD: He alone is my refuge, my place of safety; he is my God, and I trust him.
- ³ For he will rescue you from every trap and protect you from deadly disease.
- ⁴ He will cover you with his feathers. He will shelter you with his wings. His faithful promises are your armor and protection.
- ⁵ Do not be afraid of the terrors of the night, nor the arrow that flies in the day. ⁶ Do not dread the disease that stalks in darkness, nor the disaster that strikes at midday.
- ⁷ Though a thousand fall at your side, though ten thousand are dying around you, these evils will not touch you.
- ⁸ Just open your eyes, and see how the wicked are punished.
- ⁹ If you make the LORD YOUR REFUGE, if you make the Most High your shelter,

- ¹⁰ no evil will conquer you; no plague will come near your home.
- ¹¹ For he will order his angels to protect you wherever you go.
- ¹² They will hold you up with their hands so you won't even hurt your foot on a stone.
- ¹³You will trample upon lions and cobras; you will crush fierce lions and serpents under your feet!
- ¹⁴ The LORD SAYS, "I WILL RESCUE THOSE WHO LOVE ME. I will protect those who trust in my name.
- ¹⁵ When they call on me, I will answer; I will be with them in trouble. I will rescue and honor them.
- ¹⁶ I will reward them with a long life and give them my salvation." (Psalm 91:1–16, NLT).

The Bible has 66 books. The first portion of the Bible has 39 books and is called "The Old Testament." These are the books that tell the stories of what happened before Jesus came to the earth and lived as a human. The Old Testament is the foundation of the New Testament and is very

important for us to understand what God said and did in those days.

I will list the Old Testament books here. I suggest you write them out and become familiar with their order so you can easily find the books, the chapters, and the verses you are directed to read. The reference for a book with a chapter and verse looks like this: Deuteronomy 28:61. *Deuteronomy* is the name of the book, "28" is the number of the chapter, and "61" is the number of the verse. Most every Bible puts a number by a verse.

- Genesis
- Exodus
- Leviticus
- Numbers
- Deuteronomy
- Joshua
- Judges
- Ruth
- 1 Samuel
- 2 Samuel
- 1 Kings
- 2 Kings

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- 1 Chronicles
- 2 Chronicles
- Ezra
- Nehemiah
- Esther
- Job
- Psalms
- Proverbs
- Ecclesiastes
- Song of Solomon
- Isaiah
- Jeremiah
- Lamentations
- Ezekiel
- Daniel
- Hosea
- Joel
- Amos
- Obadiah
- Jonah

- Micah
- Nahum
- Habakkuk
- Zephaniah
- Haggai
- Zechariah
- Malachi

The second portion of the Bible has 27 books and is called "The New Testament." These books tell us about Jesus's life on earth and what He did for us that made Christianity the most important part of life. The people who wrote these books wrote about the teachings of Jesus and the miracles He performed. We are blessed when we invite Him to live inside of us, when we follow His teachings, and when we do what He did while He was on the earth

I suggest you write the names of the New Testament books and become familiar with their order.

- Matthew
- Mark
- Luke

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- John
- Acts
- Romans
- 1 Corinthians
- 2 Corinthians
- Galatians
- Ephesians
- Philippians
- Colossians
- 1 Thessalonians
- 2 Thessalonians
- 1 Timothy
- 2 Timothy
- Titus
- Philemon
- Hebrews
- James
- 1 Peter
- 2 Peter
- 1 John

- 2 John
- 3 John
- Jude
- Revelation

PRAYER

The Bible has many prayers for us to pray and if Jesus thought these prayers were important enough to put in His Bible, then we must consider them to be important to us. The first prayer to pray is called "Our Father." You can find this prayer in Luke 11:2–4. It is known as the model prayer.

Luke 11:2-4

Our Father who is in heaven,
Holy is Your name.
Your Kingdom come, Your will be
done
On earth as it is in heaven.
Give us this day our daily bread,
And forgive us our sins
As we forgive those who sinned
against us.
And do not lead us into temptation,
But deliver us from evil.
For Yours is the Kingdom, and the
Power, and the Glory,
Forever and ever.
Amen.

The second prayer to pray is a short version of the prayer Jesus prayed. You can find His whole prayer in John 17. Like Jesus did, we must do also and that is address our prayers to God the Father and say them in the name of Jesus Christ.

> Holy Father, thank You for eternal life through Jesus Christ. Thank You for protecting me with the name of Jesus.

Thank You for Your Holy Word. Sanctify me by Your Truth. Your Word is Truth.

All I have is Yours and all You have is mine.

Help me complete on earth the work
You have given me to do.
May many people believe in You
through my message.
May all followers of Christ be united.
Amen.

In my opinion, this third prayer is the most important one to pray as it covers all aspects (areas) of a Christian's life in Christ. This is one of Paul's prayers and can be found in Ephesians 1:17–19. First of all, pray it for yourself, and then pray it for other people, putting their names in the verses. If you will pray these three prayers every day, you will be blessed by God.

Prayer

Ephesians 1:17-19

Oh, God of my Lord Jesus Christ, my glorious Father,
Please give me the Spirit of wisdom and revelation,
So that I may know Jesus better.
I pray that the eyes of my heart may be flooded with light,
That I may know the hope to which He has called me,
That I may know the riches of His glorious inheritance in the saints,
And His incomparable great power in me who believes.

Amen.

If you want still more prayers, here are some others.

Ephesians 3:14-21

I bow my knees to the Father of my
Lord Jesus Christ,
From whom the whole family in
heaven and earth is named,
That He would grant me, according
to the riches of His glory,
To be strengthened with might
through His Spirit in the inner man,
That Christ may dwell in my heart

through faith; That I being rooted and arc

That I, being rooted and grounded in love,

May be able to comprehend with all the saints

What is the width and length and depth and height—

To know the love of Christ which passes knowledge;

That I may be filled with all the fullness of God.

Now to Him who is able to do exceedingly abundantly above all that I ask or think, According to the power that works in me,

To Him be glory in the church by Christ Jesus to all generations, forever and ever.

Amen.

Philippians 1:9-11

And this I pray, That my love may abound still more and more in knowledge and all dis-

cernment,

That I may approve the things that are excellent,

That I may be sincere and without offense till the day of Christ,

Prayer

That I be filled with the fruits of righteousness which are by Jesus Christ,
To the glory and praise of God.
Amen.

Colossians 1:9-14

Oh Father, in the name of Your Son,
Jesus Christ,
I ask that I may be filled with the
knowledge of Your will

In all wisdom and spiritual understanding:

That I may walk worthy of You Lord, fully pleasing You.

I ask that I be fruitful in every good work and increasing in the knowledge of God;

Strengthened with all might, according to Your glorious power, For all patience and longsuffering with joy.

Thank you, Father, You have qualified me to be a partaker of the inheritance of the saints in the light.

You have delivered me from the power of darkness
And conveyed me into the kingdom of the Son of Your love,

In whom I have redemption through His blood, the forgiveness of sins. Amen.

In prayer, when you are speaking with God, it is important to spend as much time listening as you do speaking. So the first question to ask God is how do you hear His voice. Let Him teach you. He wants you to discuss everything with Him and listen to His wisdom. He will guide you. Be respectful; after all, God is the Creator of the Universe, and be honest (He already knows everything anyway), but He wants to hear it from you. You are His child, and He delights in having you sit in His lap, talking things over with Him. May you know Him more and more each day! It's the most important relationship you will ever have!

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